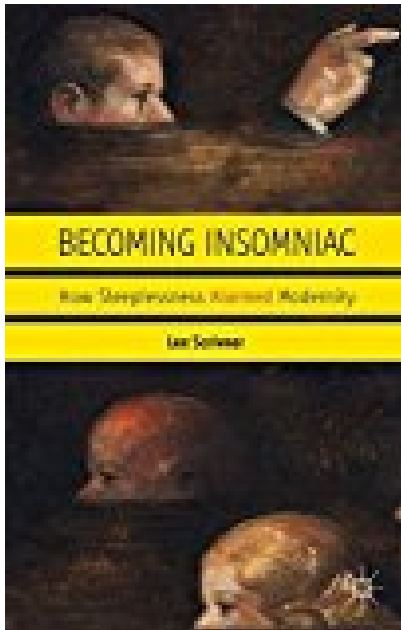


Becoming Insomniac How Sleeplessness Alarmed Modernity



BOOK DETAILS

- Author : L. Scriver
- Pages : 257 Pages
- Publisher : Palgrave Macmillan
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BOOK SYNOPSIS

A study of the history of modern insomnia, this book explores how poets, journalists, and doctors of the Victorian period found themselves in near-universal agreement that modernity and sleep were somehow incompatible. It investigates how psychologists, philosophers and literary artists worked to articulate its causes, and its potential cures.

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