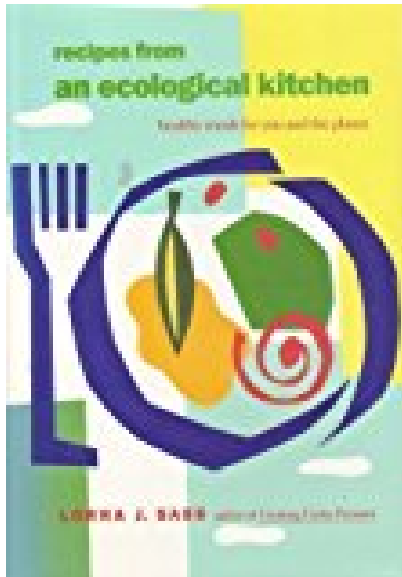


Recipes from an Ecological Kitchen Healthy Meals for You and the Planet



BOOK DETAILS

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BOOK SYNOPSIS

Written in a question-and-answer format, this guide to heart health arms the reader with essential information on how to diagnose, prevent, and treat heart disease. Reprint.

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