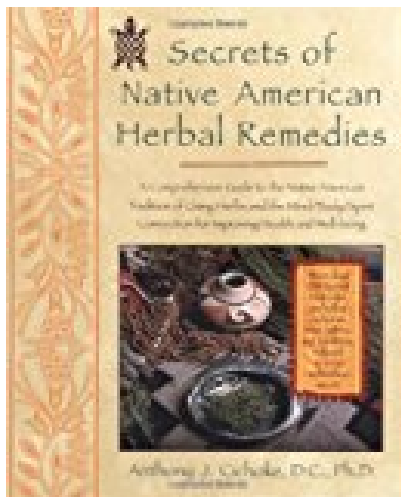


Secrets of Native American Herbal Remedies A Comprehensive Guide to the Native American Tradition of Using Herbs and the Mind Body Spirit Connection for Improving Health and Well-being



BOOK DETAILS

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BOOK SYNOPSIS

Describes the Native American concept of healing, which stresses the balance of mind, body, and spirit; offers an alphabetical listing of therapies and their recipes; and discusses other healing practices.

SECRETS OF NATIVE AMERICAN HERBAL REMEDIES A COMPREHENSIVE GUIDE TO THE NATIVE AMERICAN TRADITION OF USING HERBS AND THE MIND BODY SPIRIT CONNECTION FOR IMPROVING HEALTH AND WELL-BEING

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