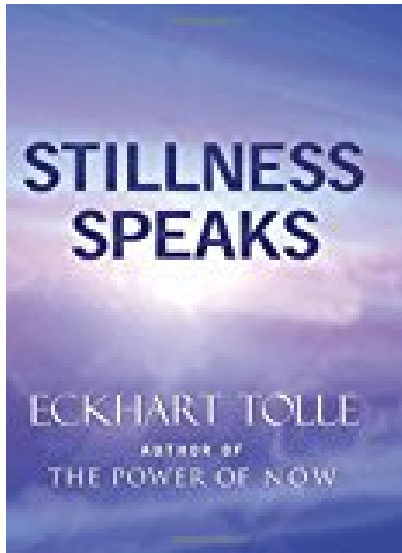


# Stillness Speaks

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## BOOK DETAILS

- Author : Eckhart Tolle
- Pages : 144 Pages
- Publisher : New World Library
- Language : English
- ISBN : 157731400X

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## **BOOK SYNOPSIS**

The essence of Eckhart Tolles message is easy to grasp: If we connect to the stillness within, we move beyond our active minds and emotions and discover great depths of lasting peace, contentment, and serenity. With his bestselling first book, *The Power of Now*, his message has reached millions of people worldwide. Now, in his much anticipated new book, Tolle gives us the essence of his teaching in short, simple pieces that anyone can easily understand. *Stillness Speaks* is organized into ten chapters whose subjects range from "Beyond the Thinking Mind" to "Suffering and the End of Suffering." Each chapter is a mosaic of individual entries, concise and complete in themselves, but profoundly transformative when read as a whole. Eckhart Tolle understands the spiritual needs of our time. He draws from the essence of all spiritual traditions, expressing these truths in startlingly fresh new ways. The result is a book that is paradoxically both ancient and contemporary, filled with timely and powerful messages. *Stillness Speaks* can be no less than an awakening for readers willing to give the words a chance to work their quiet magic. Eckhart Tolle is a contemporary spiritual teacher who is not aligned with any particular religion or tradition. In his writing and seminars, he conveys a simple yet profound message with the timeless and uncomplicated clarity of the ancient spiritual masters: There is a way out of suffering and into peace. Eckhart travels extensively, taking his teachings throughout the world. He lives in Vancouver, British Columbia.

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