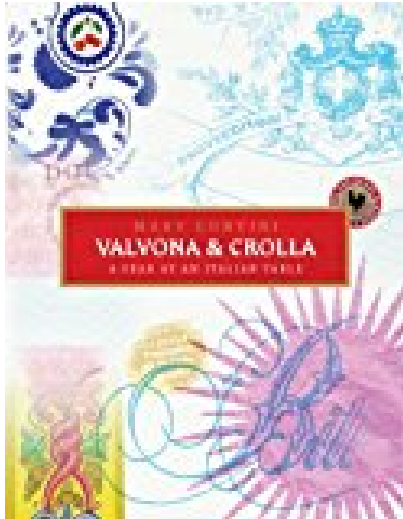


Valvona & Crolla A Year at an Italian Table



BOOK DETAILS

- Author : Mary Contini
- Pages : 320 Pages
- Publisher : Ebury Press
- Language : English
- ISBN : 0091930456

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BOOK SYNOPSIS

Valvona & Crolla has been described as the Sistine chapel of continental delis. Founded in 1934 by the Continis ancestors, the Italian shop and restaurant is legendary in food circles for its excellent food and drink. Now, co-owners Mary (author of the bestselling Dear Francesca and co-author of the Easy Peasy cooking series) presents 200 delicious and authentic recipes. Organised season by season, the book offers a year of sumptuous delights from around the country of her heritage, together with recommendations for wines to match them. Starting with the festive flavours of winter, such as a creamy chestnut soup with smoked pancetta, moving on to the best of springs vegetables with a broad bean and spinach frittata, fresh seafood dishes in the summer, and finishing with the truffles, olive pressings and slow-cooked casseroles of the autumn, this beautifully written and evocatively photographed book adds up to a food diary of personal stories, history, anecdotes and recipes, all imbued with the warmth and local knowledge that only a true Italian family, passionate about food, can deliver.

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